



December 2015

**BROMLEY
CYCLISTS**

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**LONDON
CYCLING
CAMPAIGN**



Borough Coordinators Report

Bromley Cyclists

I expect you will recall that in our last magazine insert we asked for suggestions about the way the group is organised. At the LCC AGM a resolution was passed to formalise the group structure and set it on a more solid foundation; this included the requirement for groups to have bylaws and Management Committees (ManComs).

At our recent monthly group meetings we discussed the way we should evolve the group and decided to recommend some changes to keep us in compliance with the new format. The format suggests a ManCom comprising the Coordinator, the

Secretary and the Treasurer; there will also be up to seven additional elected members including a Chairperson and we are in the process of preparing our bylaws to reflect this. The ManCom officers and committee members will be elected at the AGM in February and will meet monthly. If you would like to be a part of the ManCom please let us know.

Group Meetings

So you may now be wondering how we are going to keep in touch with our members. And here we hope we have found a solution that will encourage more of you to come and join in. In future we will hold four meetings per year to which all

members will be invited. One of these will be the AGM, the others will not be the traditional meetings which many of you have attended in the past; we will book a meeting venue – church hall, meeting room, scout hut type venue where we will hold a seminar type event and have a guest speaker (residents association, police, public health, road safety committee, bus/train company, cycle club other suggestions are most welcome) to come and talk to us about some cycling related issue. We shall arrange some refreshments and have some discussion groups so we can get to know each other and share ideas.

We have organised some great rides...



Daylight Saving Ride

William Willett who for want of a better phrase is credited with inventing the concept of clocks going backwards and forwards in the spring and autumn was a resident of our borough. So on 25 October (clocks go back) Spencer led twenty plus riders on a ride to commemorate Willett's 'invention' and his association with Bromley. Naturally we visited his home, which bears a blue plaque, in Chislehurst, a recreation ground named after him, the churchyard of St Nicholas Church where he is buried, his memorial sundial on Chislehurst Common, the home of time – Greenwich and the Daylight Inn Petts Wood. This was a great relaxing ride on a very pleasant Sunday morning.

Olympic Park Ride

Twenty riders for this ride. Some regulars, some occasional supporters, there were a couple of recent joiners and one newbie so a really great mix. We departed Bromley on the quieter roads, through New Eltham, Avery Hill, Welling, Abbey Wood and Thamesmead where we took a very brief stop at the Link Community Centre. Then to the Woolwich Ferry where we went straight to the front of the long queue of motor vehicles, we were first off the other side too. Following the Greenway and a very well-marked diversion around West Ham we reached the Park. We had an hour for a leisurely lunch and a look around. Not long enough really. Then back to Bromley via the cable car and the Waterlink Way.

Come and join our Rides...

Wednesday Weekly Wanders

Every Wednesday at 7.30 pm we meet at Bromley South Station to go for a sociable cycle ride to a pub where we enjoy a drink and chat. You can register for the wander on our website (but you don't have to). So why not come and join us.

Some Future Weekly Wanders

09/12/15	The Railway, Bromley	20/01/16..	The Ramblers Rest, Chislehurst
16/12/15	Xmas Party at the Papadam	27/01/16.....	The Hop & Rye, Bromley
23/12/15	The Oak, Bromley	03/02/16..	The Freelands Tavern, Bromley
30/12/15	The Anglesey Arms, Bromley	10/02/16.....	The Barrel & Horn, Bromley
06/01/16	The Bricklayers, Bromley	17/02/16.....	The Wheatsheaf, W Wickham
13/01/16	The George, Beckenham	24/02/16.....	Queens Head, Chislehurst

Christmas Lights Ride

On Sunday 20 December we will once again be visiting the Christmas Lights of Central London. We will cycle to Tower Bridge via the local Christmas Lights show off Whitehorse Lane. On the North side of the River we visit Leadenhall Market, Covent Garden, Oxford and Regents Streets, Soho to see a less traditional Xmas theme and then to the Tree in Trafalgar Square. We complete the tour with a festive mulled wine on the South Bank before cycling back to Bromley. It will be a lovely ride.



Bigfoot to Brighton

I have heard from Adam Shepherd that once again he will be organising his fantastic series of training rides and then in May the B2B community ride from Hayes to Brighton. This is a wonderful opportunity to set your yourself a really meaningful new year's challenge which you achieve over a programme of led bike rides through the first 4 months of the year. Result: you develop that 'body beautiful' just in time for your summer holiday on the Mediterranean beaches. Think you couldn't you do it? In the past this ride has been completed by several youngsters aged just 7 and 8 (both girls and boys). At the other end of the age range we take riders who are in their 70s. Keep your eye on our website early in the new year so you can be sure not to miss this great cycling opportunity.

For further information about our rides, please don't hesitate to contact us by email:- rides@bromleycyclists.org

Other news

GOALS – Bromley Cyclists have set ourselves three goals for 2016; increase our membership, increase attendance at our meetings and maximise efforts to get three of our Ward Asks delivered by Bromley Council. We hope this will help us decide how to direct our energies in the future. You can read about these goals in the minutes of our monthly meetings published on the website.

COMMUNICATIONS – starting in Jan/Feb we will be sending a quarterly email to our members and supporters to supplement this magazine insert. We will send you four short, snappy, newsy, emails per year at roughly 3 month intervals evenly interspersed with this insert. You can view the inserts produced by the other borough groups on the LCC website.

NORMAN PARK CYCLING HUB – We understand that the architect's plans for a café and cycle hub, to include storage for the Cycle ReCycle Project, have been signed off. Mencap, who will operate the site on a shared enterprise basis, have started work on clearing the overgrown garden and cosmetic decoration inside the building. Bromley Planning Committee are due to consider the wider plans.

DID U KNOW - A 2007 Cycling England report that estimated the economic value of cycling, found that the health benefits could be valued at £87-300 per cyclist per year, depending on their age, fitness level, and neighbourhood. This did not account for the substantial social benefits of cycling, which include offering more independence to children, improving the quality of life for communities and, in some areas, supporting tourism.

XMAS DINNER/PARTY – We will be celebrating our Bromley Cyclists Christmas at the Papadam in Tylney Road, Bromley. Space is limited for this popular event so we suggest you book your place soon.

PUB of the MONTH – The following pubs that we have visited during the last quarter have been selected as Bromley Cyclists' Pub of the Month: Aug - The Bulls Head, Pratts Bottom. Sept – The White Bear, Fickleshole. Oct – The Oak. A hearty well done to the licensees, managers and staff at these establishments, all are now potentially Bromley Cyclists' Pub of the Year.

Meetings:

Bromley Cyclists hold monthly meetings on the 2nd Thursday of the month (but this will change next year), please see the website for details of the next meeting. Why not come and join us; you'll make some new cycling friends.

Our Team:

Borough Coordinator **Spencer Harradine**
Treasurer **Linda Rampling**
Secretary **Eve Evans**
Rides Coordinator **Eve Evans & John Wood**

Communications **Richard Gibbons**
Transport, Travel & Infrastructure **John Wood**

Elected officers are in **bold**.